

**Silver Standard Individual Treatments**  
Wednesdays 10.00am - Midday

Total Body Wellness	<b>60 min</b>	<b>£20.00</b>
<i>Back of body treatment. Dry brush back of legs and back, back exfoliation and mask (hydro or enzymatic), back and leg massage.</i>		
Body Hydro Pack	<b>45min</b>	<b>£20.00</b>
<i>Dry brush and hydrating body wrap.</i>		
Power Recovery Wrap	<b>60 min</b>	<b>£20.00</b>
<i>Nourishing body wrap for dry skin</i>		
Enzymatic Sea Mud	<b>60 min</b>	<b>£20.00</b>
<i>Dry brush and enzymatic sea mud wrap to detoxify and remineralise the body.</i>		
Exfoliating Body Scrub	<b>45 min</b>	<b>£20.00</b>
<i>Body brush, full body exfoliation and moisturise.</i>		
Back Massage		<b>£15.00</b>
Body Massage		<b>£20.00</b>
Dry Float	<b>30 min</b>	<b>£15.00</b>
<i>No product</i>		
Dry Float upgrade on body wraps		<b>£5.00</b>
Hamman	<b>60 min</b>	<b>£20.00</b>
<i>Wet exfoliation to include soap massage. Scalp massage with shampoo and conditioner.</i>		

**Silver Standard Half-Day Packages**  
Wednesday 10.00am - Midday

<b>Package</b>	<b>£30.00</b>
Back Massage	
Back Exfoliation	
Wet Area	<b>Total 120 min</b>
<b>Wellness package option 1</b>	<b>£30.00</b>
Wet Area	
Total Body Wellness	<b>Total 120 min</b>
<b>Wellness package option 2</b>	<b>£40.00</b>
Total Body Wellness	
Indulgence olive oil soap massage	
<i>(Spa not included)</i>	<b>Total 120 min</b>
<b>Detox package</b>	<b>£45.00</b>
Body Exfoliation	45 min
Sea Mud Enzymatic Wrap	45 min
Back Massage	
30 min	
<i>(Spa not included)</i>	<b>Total 120 min</b>
<b>Floating Ocean Riches</b>	<b>£35.00</b>
Wet Area	30 min
Dry Float	30 min
Full Body Massage	60 min
	<b>Total 120 min</b>
<b>Hydrating Therapy</b>	<b>£45.00</b>
Body Exfoliation	30 min
Hydro Wrap	45 min
Back massage	
30 min	
<i>(Spa not included)</i>	<b>Total 105 min</b>

**Gold Standard Elemis Treatments**  
Mondays 10.00am - 10.00pm

Dry Float	<b>30 min</b>	<b>£15.00</b>
Hamman	<b>60 min</b>	<b>£25.00</b>
Rasul	1 person	<b>£25.00</b>
	2 persons	<b>£40.00</b>
Skin Specific Facial	<b>60 min</b>	<b>£30.00</b>
Advanced Performance Facial	<b>75 min</b>	<b>£40.00</b>
Deep Tissue Back	<b>30 min</b>	<b>£20.00</b>
Deep Tissue Body	<b>60 min</b>	<b>£35.00</b>
Cellutox Wrap	<b>75min</b>	<b>£40.00</b>
Musclewrap	<b>75 min</b>	<b>£40.00</b>
Frangipani Wrap	<b>60 min</b>	<b>£35.00</b>
Lime & Ginger Salt		
Glow	<b>45 min</b>	<b>£20.00</b>
Coconut milk Wrap	<b>60 min</b>	<b>£35.00</b>
Exotic Hand Ritual	<b>60 min</b>	<b>£25.00</b>
Sole Delight Foot		
Ritual	<b>60 min</b>	<b>£30.00</b>
Stone Therapy - back		<b>£20.00</b>
Stone Therapy - full body		<b>£35.00</b>
Thai Massage - back		<b>£20.00</b>
Thai Massage - full body		<b>£35.00</b>
Use of Spa facilities wet area		<b>£15.00 for 180 min</b>

**Gold Standard Half Spa Day  
Elemis Packages  
(Mondays Only)**

**Half Spa Day Taster 60 min £40.00**

Choose from an Elemis Skin Specific Facial, Deep Tissue Full Body Massage, Exotic Coconut Rub and Milk Ritual, Frangipani Wrap, Sole Delight Foot Treatment or an Exotic Hand Ritual.

All treatments 1 hour each, includes the use of Spa Facilities 10am -1pm or 2pm – 5pm

**Floating Relaxation 90 min £50.00**

Elemis Deep Tissue Body Massage and a Dry Floatation includes the use of Spa Facilities 10am -1pm or 2pm – 5pm

**Head to Toe Ritual 120 min £75.00**

Elemis Deep Tissue body Massage and Elemis Advanced Performance Facial includes the use of Spa Facilities 10am - 1pm or 2pm – 5pm

**Exotic Delight 120 min £80.00**

Elemis Lime & Ginger Salt Glow, Elemis Frangipani Wrap and Elemis Deep Tissue Back Massage includes the use of Spa Facilities 10am -1pm or 2pm – 5pm

**Muscle Relaxant 105 min £65.00**

Elemis Musclease Ocean Wrap performed on the Dry Floatation Bed and Elemis Deep Tissue Back Massage includes the use of Spa Facilities 10am -1pm or 2pm – 5pm

**Detox Reviver 120 min £85.00**

Elemis Lime & Ginger Salt Glow, Elemis Cellutox Ocean Wrap performed on the Dry floatation Bed and an Elemis Deep Tissue Back Massage includes the use of Spa Facilities 10am -1pm or 2pm – 5pm

**Gold Standard**

Monday

**Advanced Electrotherapy Clinic (face & body)**

Treatments include Microdermabrasion, Sono Peel, Mild chemical peels, and Biodermology (Cellulite treatment)

Tuesday mornings

**Laser**

Range of laser intense pulsed light treatments:

Hair removal, Thread veins and facial rejuvenation.

Laser treatments are on offer at an amazing discounted rate of 50% off.

Your visit to The Spa will include all beverages. Where Spa facilities are included please bring swimwear. The Spa provides towels, robes and slippers. Please note that all packages do not include lunch. The Spa's VIP room is available for couples or friends at no extra charge.

Please contact reception for more information and bookings.



[www.henleyspa.co.uk](http://www.henleyspa.co.uk)  
01564 797830



**THE SPA**  
HENLEY-IN-ARDEN

[www.henleyspa.co.uk](http://www.henleyspa.co.uk)  
01564 797830

The Spa's Training Academy

Treatments & Packages

2009 - 2010